



Globetrotter

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Greetings

Thank you very much to the students who sent comments about the previous Globetrotter issue. We always enjoy receiving your mail and hearing what you think. We look forward to getting more emails from all of you.

NEWS---The new Global Communications website is now available. Please check out all the new features, such as: blogs, downloadable worksheets and newsletters, video introductions of the teachers, podcast, and much more!

NEWS---If you are preparing for the test, be sure to check out the e-test at www.e-test.biz.

Please enjoy our **new comic** on page 5 of the newsletter. The great artist is one of our teachers, Don, from Australia. Please give comments about the comics on the Blog!



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Teacher Spotlight Jennifer

It is to my great sadness that I must say a temporary goodbye to all of the students and staff of Global Communications. I will be taking an extended vacation. After more than three and a half years of teaching at Global Communications, I have grown so fond of all of the students and so thankful to have had the chance to meet so many people. Each student's entertaining conversation, enthusiasm, dedication, and humor have been the most enjoyable part of the work.

I have decided to take some time off to concentrate on improving my Japanese communication skills and to work on personal projects. I hope to be able to communicate as well with the Japanese language as the majority of students do in the English language.

My last day will be at the end of October, so I hope that I may have the opportunity to say goodbye to everyone before then. I also want to especially give my thanks to Global Communication, which has been a great company to work for and has given me so many great opportunities to learn about and enjoy Japan.



Movie Review

Mission Impossible III

By Alando Garcia

Mission Impossible III stars Tom Cruise as agent Ethan Hunt and Phillip Seymour Hoffman as Owen Davian, a **ruthless** international information and weapons provider that works for terrorist groups. When Davian kills one of the agents, it ignites a **fierce rivalry** between Ethan Hunt and Owen Davian. Davian kidnaps Hunt's wife and is planning to kill her unless Hunt can save her and at the same time save the world from a deadly virus that Davian is planning to sell to a terrorist group.

If you liked Mission Impossible I or II, it is likely that you will like Mission Impossible III. It is the same plot to the movie basically, an agent and the agency vs. a bad guy, with a lot of things getting blown up and a lot of stunts, special affects and loud explosions! I actually liked this movie better than Mission Impossible I or II, but mostly because the story seemed better written and Davian's character better developed as "the bad guy" than in the first or second Mission Impossible. Phillip Seymour Hoffman is absolutely great as Owen Davian – a very evil guy that you are hoping will get killed in the end! Hoffman actually won the **Oscar** for best actor in Capote (2005) but he really deserved it more for this film!

Tom Cruise is good and the action scenes and stunts in this film actually seem **somewhat** believable, which is unusual for a spy movie, where usually you see a lot of impossible action scenes. But, that also makes the action scenes seem a little less exciting or interesting. And this movie didn't really have that many **cool gadgets** in it, as you typically expect with a spy movie. And no new movie technology in this film, so although overall the movie was good, it wasn't great. It wasn't really a memorable movie, I think. But if you are a fan of action movies, this is a must see. Be prepared to turn the volume up – it is a very loud movie!



Movie Reviews Grading System

- **A** = Outstanding acting, storyline, visuals and/or special effects.
- **B** = Very good acting **and** storyline, visuals and/or special effects are good.
- **C** = Good acting **or** good storyline **or** good visuals and/or special effects.
- **D** = Poor acting, storyline, visuals and/or special effects.
- **F** = Everything was terrible!

Vocabulary

Mission Impossible III

1. **ruthless** – a person that doesn't care about other people and often hurts others in their actions; acting in a cruel way
2. **fierce rivalry** – a competition between two people or two groups that is not friendly
3. **Oscar** – the Oscar is the award given to movie actors for recognition of doing an excellent job
4. **somewhat** – partially, not completely
5. **cool gadgets** – gadgets are small devices, often electronics. For example, a writing pen that has a small camera inside of it for taking secret pictures. Or a ring that contains a hidden microphone for recording someone privately

What do you think?

By Jennifer Yun

Home-cooking

WHO HAS TIME FOR IT?

Most people in the city bear unbelievably hectic schedules filled with appointments 24/7. In addition to that, nowadays it is very common for both the father and the mother to work a full-time job. Due to the economic situation, a dual-income is practically a necessity for most city dwelling families. With this kind of lifestyle, most people can hardly find the time to clean their house and do their laundry, let alone even think about cooking from scratch on a daily basis.

Considering health and diet has become such a pivotal issue in many people's lives, especially with the rise of not-so-healthy convenience food, the increase in weight and the deterioration of health have taken over many people's lives. There is an obvious link to constantly eating out and weight gain. However, it is just too difficult for many people to even hope to consume natural, fresh food cooked in a healthy manner.

To be honest, I prefer home-cooked meals made just the way I like it way over eating out. However, I, too, have a difficult time trying to accomplish this due to a full schedule. One way that I try to remedy this situation is to prepare a lot of food over the weekend, wrap it into one-meal portions, and freeze it. That way, it is very easy for me to warm up dinner in the microwave when I get home from work.

One example of this kind of preparation is sometimes I buy a large quantity of chicken breasts. I marinate and roast the chicken breasts and then individually wrap them and put it in the freezer. Then, during the week, I can prepare dishes with the chicken, such as, chicken Caesar salads, bbq chicken sandwiches, pasta with chicken, etc. All of these dishes are quite fast and easy to make and I can keep track of what I am putting in my body a little easier.

What do you think?

Send Us Your Comments

What do you think about the following article? Voice your opinion by sending your comments to:

office@globalcom-online-english-school.co.jp.

We anxiously look forward to knowing how the readers feel about the topic.

A Wedding Story Comments

It is her greatest enjoyment that a mother could do something to help her son or daughter. The key persons are the both mothers in this case. And in the case of your job, it's very important for you to ask the help of the key persons. You understood well the feeling of both mothers and directed a splendid wedding ceremony by asking them to take an important role. I think the strategy of your wedding ceremony was perfect. ---Takuma---

I remember the big difficulties I had with my mother and mother-in-law when I was planning my wedding. I can appreciate your advice on the matter. ---Hana---

Vocabulary Builder

Health Vocabulary

1. indigestion = NOUN = the situation where it is difficult or uncomfortable to digest food
 - I love to eat spicy food but I always suffer from indigestions for days afterwards.
2. lactose intolerance = NOUN = the situation where it is difficult or uncomfortable to digest dairy products.
 - Steve cannot have any ice cream for dessert because he has lactose intolerance.
3. "to have an upset stomach" = IDIOM = to have pain in the stomach, or to have indigestion
 - I love doughnuts so much but I always get an upset stomach when I eat them.
4. perishable = ADJECTIVE = able to rot or spoil
 - Food with an expiration date, such as milk or meat, are perishable items.

Test Your Skills

Reading Comprehension

Complete the reading sample and answer the following True / False comprehension questions.

Fast Cooking Stews

Nabemono dishes are a hearty wintertime specialty, prepared from fish, seafood, chicken, meat and/or vegetables in a pot (1) at your table. Serving trays piled high with raw ingredients arrive at the table, then everyone joins (2) with the cooking, finally eating together from the shared pot. Nabemono is (3) at restaurants, pub-style izakayas, and in private homes. There are many different types of nabemono, depending (4) the ingredients used. Oysters, scallops, cod, salmon, turtle, and chicken are all popular.

Chanko-nabe, a variety made with chicken, seafood, potatoes, and other vegetables, is the staple (5) of Japan's sumo wrestlers. (It's quite filling, as you might expect.) Another (6) type of nabemono is the internationally known beef sukiyaki.

Since nabe dishes are cooked quickly, the individual ingredients maintain their flavor (7) identity. Diners can enjoy a succession of different tastes and textures as various vegetables and pieces of seafood are pulled out of the pot and (8). As the meal progresses, the cooking liquid absorbs more and more flavors from the food being cooked.

Choose the correct word to complete the article.

1. a) right b) down c) left
2. a) up b) out c) in
3. a) given b) served c) delivered
4. a) for b) on c) to
5. a) diet b) appetizer c) ingredient
6. a) peculiar b) unknown c) special
7. a) and b) but c) nor
8. a) ate b) eaten c) eating

World Views

Gambian Cooking: Domoda

By Adam Stefan

As many of you may know, two of my hobbies are traveling and cooking. While I was living in The Gambia (West Africa) last year, I learned to make several Gambian dishes. Here is a recipe for *domoda*, or peanut stew. It's a great recipe for when you need to "clean out" your refrigerator because you can use whatever vegetables or meat you have on hand. Enjoy, and please post your comments on our blog!

Ingredients

- oil
- meat, cut into cubes (chicken, beef, lamb—whatever you like)
- 1 large onion, chopped
- 4 garlic cloves, chopped
- 2 tablespoons tomato paste
- water
- half a jar of unsweetened peanut butter *
- 2 consommé cubes
- 1 or 2 chili peppers, chopped (if you like it spicy)
- vegetables, cut into cubes (potatoes, carrots, eggplant—whatever you like)
- lemon or lime juice

Directions

Mix the peanut butter with 500 ml warm water. Make sure it is smooth.

Combine the onion, garlic and tomato paste. Heat the oil and add the meat and the onion/garlic/tomato mixture. Fry for about 3 minutes.

Add the peanut butter/water mixture and stir. Add the consommé cubes, chili peppers and vegetables.

Bring to a boil, then reduce the heat and simmer.

The stew is ready when it has thickened and oil begins to rise to the top (if it is too thick, add a little water; if it is too thin, add a little peanut butter mixed with water).

Add some lemon or lime juice, and serve with rice.

Enioiv!

Kids Corner

VOCABULARY PRACTICE

to read = VERB to skip = VERB
to draw = VERB

Complete the sentence with the correct verb.

1. My father _____ the newspaper everyday.
a) reads
b) draws
c) skips
2. I can make rocks _____ across the river.
a) read
b) draw
c) skip
3. David is the best at _____ landscapes.
a) reading
b) drawing
c) skipping
4. He _____ over me at the meeting.
a) read
b) drew
c) skipped
5. She was _____ the picture with a red marker.
a) reading
b) drawing
c) skipping



FUN IDIOMS

1. “to read (someone) the Riot Act” = to give (someone) a clear warning to stop doing something or they’ll be in big trouble.
My teacher *read me the Riot Act* after she caught me smoking at school.
2. “skip (something)” = to not worry about (something)
What did you say? Oh, just *skip it*.
3. “to draw a blank” = to forget something
I *drew a blank* when I met her in person and couldn’t remember her name.

September Answers

Test Your Skills (pg. 4)

True or False

1. false
2. false
3. true

Kids Corner (pg. 5) : Grammar Practice

1. bicycle = NOUN
2. quickly = ADVERB
3. salty = ADJECTIVE
4. singing = VERB